

SAXON SURGICAL CENTER, INC.

430 EAST AVENIDA DE LOS ARBOLES, STE.101, THOUSAND OAKS, CA 91360

EPIDURAL

POST PROCEDURE CARE:

1. A COLD PACK may be used, if needed. Apply the cold pack for 15-20 minutes only, up to 6 times per day, for 1-2 days.
2. You may take Tylenol, if needed for discomfort. Use the Tylenol as directed on the Package.
3. You may take previously prescribed pain medication, as directed by your Pain Management Physician
4. Keep the site clean and dry. Replace the dressing if it becomes wet.
5. Remove the dressing after 1 day and inspect the site carefully.
6. Rest and relax for 24-48 hours.
7. A Nurse will call you a day or two after your procedure to see how you are doing.

NOTIFY DR _____ OFFICE AT _____, IN THE EVENT OF:

1. Increased swelling or redness at the injection site.
2. Drainage from the injection site.
3. Chills, or fever greater than 101 F.
4. Headache which increases with standing.
5. Increased weakness of arms/legs or onset of new numbness, or new severe pain.

COMMENTS: _____

I understand the above instructions and the need to follow all the stated directions carefully.

Signature of Patient and/or Responsible Adult **Date**

Signature of Physician and/or Assistant

Patient Name