

SAXON SURGICAL CENTER, INC.

430 EAST AVENIDA DE LOS ARBOLES, STE.101, THOUSAND OAKS, CA 91360

FACET JOINT INJECTION

POST PROCEDURE CARE:

- 1. A COLD PACK may be used, if needed. Apply the cold pack for 15-20 minutes only, up to 6 times per day, for 1-2 days.**
- 2. You may take Tylenol, if needed for discomfort. Use the Tylenol as directed on the Package.**
- 3. You may take previously prescribed pain medication, as directed by your Pain Management Physician**
- 4. Keep the site clean and dry. Replace the dressing if it becomes wet.**
- 5. Remove the dressing after 1 day and inspect the site carefully.**
- 6. Rest and relax for 24-48 hours.**
- 7. Keep a pain diary, on a daily basis.**
- 8. A Nurse will call you a day or two after your procedure to see how you are doing.**

NOTIFY DR. ASSIL'S OFFICE AT (805) 492-5477, IN THE EVENT OF:

- 1. Increased swelling or redness at the injection site.**
- 2. Drainage from the injection site.**
- 3. Chills, or fever greater than 101 F.**
- 4. Increased weakness of arms/legs or onset of new numbness, or new severe pain.**

COMMENTS: _____

I understand the above instructions and the need to follow all the stated directions carefully.

Signature of Patient and/or Responsible Adult

Date

Signature of Physician and/or Assistant

Patient Name